

CARROLLTON BASKETBALL RULES - 2018

5 - 6 BOYS LEAGUE

1. Balls brought to the gym for pre-game practice must be put away and controlled by coaches during the game.
2. No food or drink is to be brought into the gym by players, coaches, parents, etc. A water fountain is available for water breaks. No one is allowed in the weight room/locker room area.
3. Team players and **three** coaches only for each team will be allowed on or behind the bench during each game. Each team may be required to provide one adult to assist the scorer at the scorer's table.
4. A player must have his team shirt in order to compete in the game/scrimmage.
5. The first half-hour is to be used for instruction, so that players can be taught the fundamentals of dribbling, passing, shooting, and defense. During the second half-hour, each team will scrimmage against its designated opponent. No more than 5 players per team may play at one time. Scrimmages will consist of four 5-minute quarters, running time.
6. One coach from each team will direct play on the floor. Players should be instructed in man-to-man defense.
7. No fast-breaking or full-court pressing allowed. Coaches will supervise offense/defense transitions.
8. A player who scores 14 points will be disqualified from further play in that game once he has scored the 14th point. Disqualification occurs only after the play has been completed. For example, if a player who has 13 points successfully makes a field goal, both points will count and the player will then be disqualified.
9. All players present must play a minimum of two full quarters with one full quarter of participation in each half.
10. There will be no substitution of players during the quarters, except for those players who can no longer play because of injury or excessive points scored.

11. A player removed from a game due to injury may return to play during the quarter in which he was injured after properly checking in with the scorer's desk, or he may play his next scheduled quarter. The quarter in which he was injured will be considered a full quarter played.
12. Each quarter will be 5 minutes long. There will be a 2 minute break between quarters and a 3 minute break between halves.
13. At the midpoint of the scrimmage (after the first two 5-minute periods), each player will attempt one free throw at the goal farthest away from the bleachers.
14. There is no overtime. Games will end once regulation time expires, regardless of the score.
15. Goal height: 8 feet. Free throw distance: 10 feet. Junior Bidy basketball (27.5 in.) is used.
16. No official standings are kept, nor are playoffs held.